

Clare Primary School

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 31/10/22	School Closed 31/10/22	School Closed 01/11/22	School Closed 02/11/22	School Closed 03/11/22	School Closed 04/11/22
Week Two 07/11/22	Fish Fingers or Savoury Mince Baked Beans Peas Mashed Potatoes Fresh Fruit Selection or Yoghurt	Breast Chicken Curry & Boiled rice & Naan Bread Or Steak Burger Sweetcorn Peas Diced Potatoes Jelly/Fruit/yoghurt	Breaded Chicken Goujons or Chicken Wrap Sweetcorn Carrots Mashed Potatoes Gravy Flakemeal Biscuit or Fruit or Yoghurt	Roast Gammon or Chicken Pasta Bake Stuffing Carrots Roast/Mashed Potato Cauliflower Ginger Cookie Fruit or Yoghurt	Sausages or Macaroni Cheese Peas Salad Chips or Mashed Potatoes Strawberry Ice Cream Fruit Yoghurt
Week Three 14/11/22	Steak Burger or Bacon Slice Carrots Peas Gravy Mashed Potatoes Selection of Fruit or yoghurt	Pasta Bolognese or Fresh Fish Breaded Peas Salad Dice Potatoes or Mashed Potatoes Flakemeal Biscuit or fruit or Yoghurt	Breast Chicken Curry & Boiled rice & Naan Bread or Sausages Peas Carrots Gravy Mashed Potatoes Jelly or Fruit or	Roast Breast Chicken or Salmon Fish Cake Stuffing Gravy Carrots Cauliflower Oven Roast/mashed Potatoes	Cheese or Cheese & Ham Pizza or Chicken & Vegetable Stir Fry Sweetcorn Salad Chips or Mashed Potatoes Ice
Week Four 21/11/22	Spaghetti Bolognese or Ham or Ham & Cheese Ciabatta Peas Baked Beans Mashed Potatoes Muffin or Fruit or Yoghurt	Breaded Chicken Goujons or Chicken Wrap Peas Salad Chips Mashed Potatoes or Mashed Potatoes Gravy Peas Jelly or fruit or Yoghurt	Chicken Curry & rice & Naan Bread or Fish Fingers Peas Sweetcorn Mashed Potatoes Flakemeal Biscuit Fruit Yoghurt	Rt. Breast Chicken or Rt. Pork Stuffing Carrots Cauliflower Gravy Roast or Mashed Potatoes Rice Krispie Square Fruit Yoghurt	Sausages or Peppered Chicken Chips or mashed Potatoes Salad Ice Cream Fruit Yoghurt

school food

Try Something New today

www.schoolfoodni.com

Bread, Fresh Fruit,
Yoghurt, Milk and Water
are available daily

If you require any additional
Information on allergens or
Special diets please contact
the school in the first
instance

