

**This Menu is Subject to change due to Stock being used before end of term.  
S E L B CATERING SERVICES**

|                  | <b>Week commencing: 3<sup>rd</sup><br/>October 2022</b>  | <b>Week commencing 10<sup>th</sup><br/>October 2022</b>  | <b>Week commencing 17<sup>th</sup><br/>October 2022</b>  | <b>Week commencing 24<sup>th</sup><br/>October 2022</b>   | <b>Week commencing 31<sup>st</sup><br/>October 2022</b> |
|------------------|--|--|--|---|---|
| <b>Monday</b>    | Cheese or Cheese & Ham<br>Pizza or Chicken Wrap<br>Peas Salad Savoury Herb<br>Dice Potatoes<br>Flakemeal Biscuit or Fruit<br>or Yoghurt      | Fish Fingers or Savoury<br>Mince Baked Beans Peas<br>Mashed Potatoes<br>Fresh Fruit Selection or<br>Yoghurt  | Steak Burger or Bacon<br>Slice Baked Beans Carrots<br>Gravy Mashed Potatoes<br><br>Selection of Fruit or<br>yoghurt                          | Spaghetti Bolognese or<br>Ham Toastie or Ham &<br>Cheese Toastie Peas Baked<br>Beans Mashed Potatoes<br>Muffin or Fruit or Yoghurt              | SCHOOL CLOSED   |
| <b>Tuesday</b>   | Breast Chicken Curry &<br>Boiled Rice & Naan bread<br>or Steak Burger Carrots<br>Sweetcorn Gravy Mashed<br>Potatoes<br>Muffin/Fruit/Yoghurt  | Breast Chicken Curry &<br>Boiled rice & Naan Bread Or<br>Chicken Slice or Chicken<br>Wrap Sweetcorn Peas Herb<br>Diced Potatoes<br>Jelly/Fruit/yoghurt | Pasta Bolognese or Fresh<br>Fish Breaded Peas Salad<br>Savoury Herb Dice<br>Potatoes or Mashed<br>Potatoes<br>Flakemeal Biscuit or fruit     | Breaded Chicken Nuggets<br>or Chicken Wrap Peas Salad<br>Herb Diced Potatoes or<br>Mashed Potatoes Gravy<br>Peas<br>Jelly or fruit or Yoghurt   | SCHOOL CLOSED   |
| <b>Wednesday</b> | Pasta Bolognese or<br>Fresh Breaded Fish Baked<br>Beans Peas Mashed<br>Potatoes<br><br>Jelly or Fruit or Yoghurt                             | Breaded Goujons or<br>Cottage Pie Peas Carrots<br>Mashed Potatoes Gravy<br><br>Flakemeal Biscuit or Fruit<br>or Yoghurt                                | Breast Chicken Curry &<br>Boiled rice & Naan Bread or<br>Sausages Peas Carrots<br>Gravy Mashed Potatoes<br>Jelly or Fruit or Yoghurt         | Fish Fingers Sweetcorn<br>Peas Mashed Potatoes<br>Gravy or Breast Chicken<br>Curry & Rice & Naan Bread<br>Fruit or Yoghurt                      | SCHOOL CLOSED   |
| <b>Thursday</b>  | Roast Breast Chicken or<br>Chicken Crumble Stuffing<br>Carrot/Parsnip Cabbage<br>Gravy Oven Roast/Mashed<br>Potatoes<br>Cookie/Fruit/Yoghurt | Roast Gammon or Chicken<br>Pasta Bake Stuffing<br>Carrots Cauliflower Oven<br>Roast/Mashed Potatoes<br>Ginger Cookie or Fruit or<br>Yoghurt            | Roast Breast Chicken or<br>Salmon Wrap Stuffing<br>Gravy Carrots Cauliflower<br>Oven Roast/mashed<br>Potatoes<br>Shortbread/Fruit/Yoghurt    | Roast Breast Chicken or<br>Roast Pork Stuffing<br>Carrots Cauliflower Gravy<br>Roast or mashed Potatoes<br>Rice Krispie Square Fruit<br>Yoghurt | SCHOOL CLOSED   |
| <b>Friday</b>    | Chicken Nuggets or<br>Lasagne Salad Sweetcorn<br>Chips or Mashed Potatoes<br>Chocolate Ice Cream or<br>Fruit or Yoghurt                      | Sausages or Macaroni<br>Cheese Peas Salad Chips or<br>Mashed Potatoes<br><br>Strawberry Ice Cream or<br>Fruit or Yoghurt                               | Cheese or Cheese & Ham<br>Pizza or Chicken &<br>Vegetable Stir Fry<br>Sweetcorn Salad Chips or<br>Mashed Potatoes<br>Ice Cream/Fruit/Yoghurt | Halloween Menu<br>Breaded Chicken Nuggets<br>or Sausages Chips Salad<br><br>Ice Cream Fruit Yoghurt   | SCHOOL CLOSED   |

**Milk & Water available daily**

**Fruit, Yoghurt & Bread available daily**

**Menu subject to deliveries**

***If a child has an allergy, please contact the Principal/Unit Catering Supervisor***