Promoting e-Safety in the Home

- Keep computer/laptop/devices in a communal space
- Monitor time spent on-line, be aware that children may be using the internet during the night when you think they are sleeping
- Monitor the websites visited
- Talk to children about how they are using the internet/what they are doing
- Check your internet filters - are parental controls necessary?
- Remind children never to give out personal information, share photographs of themselves or others online or meet up with people
- **Do your research –find out about game content, social media filters/security etc**
- **Be mindful of what you as a parent/ guardian post online especially on social media - you could be putting your child at risk!**

It is important to talk to your children about e-safety so that they are aware of the potential risks and dangers they may face whilst using the internet. The following: 'Things to consider...' offers a useful starting point.

Things to consider...

Keeping safe
- How safe is our personal information?
  - Do we have strong passwords? Eg capital letters, symbols, 10 characters etc
  - Do we all have usernames that don't reveal our full names?
- Have we considered parental controls which would be right for our family?
- Have we discussed online friendships and whether we can trust them?
- Do we need a family email address?
- Who will we talk to if we feel uncomfortable about anything we have seen or heard online or on a mobile phone or gaming device?
- When is it okay to download files, games or apps?
- Have we checked the reviews and ratings for apps and games?
- Which websites are okay for us to use?
- Should we open links from people we don't know?
- Do we ever use voice activated controls or searches?

Social networking
- Do we know the age requirements to be on social networks?
- Who can I post images and videos of online?
- Do I know why it is important to be private and how to set this up?

Gaming and toys
- Which age rated games can I play?
- Am I aware of why PEGI is important?
- Can I play online with people I don't know?
- Do we know which of our toys and devices connect to the internet?

Positive online behaviour
- How can I be a good friend on the internet?
- What will I do if I receive frightening or bullying messages?
- Do I know where the report and block buttons are online?

Healthy lifestyle
- How long can we spend online?
- Do we spend the same amount of time enjoying our offline activities?
- Where can we use our devices around the house?

Childnet International
www.childnet.com/have-a-conversation

Useful Websites and Sources of Additional Information

Childnet International

www.childnet.com

NSPCC Speak out. Stay safe.

www.nspcc.org.uk

THINK U KNOW .co.uk

www.thinkuknow.co.uk

UK Safer Internet Centre

www.saferinternet.org.uk

www.bbc.co.uk/cbbc/findoutmore/ stay-safe-useful-links

internet matters.org

www.internetmatters.org

Clare Primary School

Clare Primary School
CRESCERE DISCENDO

e-Safety Information Leaflet for Parents/Guardians

www.clareprimary.com

Revised: January 2019

What is ICT& how does this relate to e-Safety?

Information and Communications Technology (ICT) covers a wide range of resources including web-based and mobile learning. Currently the internet technologies children and young people are using, both inside and outside of the classroom, include:

- Websites
- Learning Platforms and Virtual Learning Environments
- Email and Instant Messaging
- Chat Rooms and Social Networking
- Blogs and Wikis
- Podcasting
- Video Broadcasting
- Music Downloading
- Gaming
- Mobile/Smart phones with text, video and/or web functionality
- Other mobile devices with web functionality

Whilst these ICT resources can be exciting and beneficial both in and out of the context of education, **all** users need to be aware of the range of risks (e-Safety) associated with the use of Internet technologies.

e-Safety in School

In Clare Primary School we are committed to providing a safe and secure learning environment for all children. We understand the responsibility to educate our pupils in e-Safety 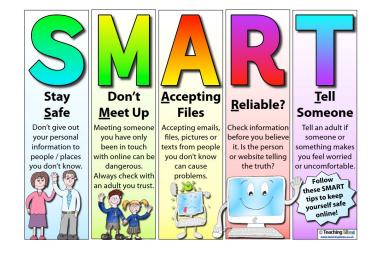issues. We aim to teach them appropriate behaviours and critical thinking to enable them to remain both safe and legal when using the internet and related technologies, in and beyond the context of the classroom.

How is e-Safety encouraged in school?

- Pupils and Staff must agree to an 'Acceptable Use of the Internet' Agreement

---

- e-Safety will be delivered throughout the curriculum e.g. participation in Safer Internet Day
- e-Safety 'SMART' posters are displayed throughout the school
- Pupils are reminded about safe internet use before and during lessons where appropriate
- Children are taught to be Internet Wise. Children are made aware of Internet Safety Rules and are encouraged to discuss how to cope if they come across inappropriate material
- The school Internet access is filtered through the C2k managed service.

SMART

Stay Safe — Don't give out your personal information to people / places you don't know.

Don't Meet Up — Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.

Accepting Files — Accepting emails, files, pictures or texts from people you don't know can cause problems.

Reliable? — Check information before you believe it. Is the person or website telling the truth?

Tell Someone — Tell an adult if someone or something makes you feel worried or uncomfortable.

Follow these SMART tips to keep yourself safe online!

What are my responsibilities as a Parent/Guardian?

As Parent's/Guardians there is a responsibility towards encouraging, educating and practising good eSafety (Internets/Online Safety) outside of school. School cannot be held responsible for matters which originate outside of school. At home parent's/guardians are responsible for monitoring internet activity.

This leaflet aims to provide Parent's/Guardians with additional information surrounding eSafety and other sources of support to enable them to help keep their children safe.

What do I do if I have a concern/complaint about e-Safety?

Please inform the school immediately if you have a concern regarding e-Safety. The class teacher will work with the ICT Co-Ordinator (Mrs Reid) and Principal (Miss Lindsay) to address and resolve an issues or concerns. Should further action be required this will be addressed with the chairperson of the Board of Governors, Mr M. Adair.

School cannot be held responsible for cyberbullying (bullying which takes place over digital devices) matters that originate outside of school. However matters relating to Safeguarding or Pastoral Care will be addressed by Mrs Martin (Designated Teacher for Child Protection) and Miss Lindsay (Deputy Designated Teacher for Child Protection).

Cyberbullying - 10 things you need to know
www.internetmatters.org

1. **Cyberbullying is growing** - 20% of 13-18 yr olds claim to have been cyberbullied
2. **The internet never sleeps** - it can happen anytime, anywhere
3. **It's easy to do and get involved in**
4. **It can be anonymous**
5. **Talk about it** - discuss social media and the associated risks before it's too late
6. **Be aware what children are sharing online** and appropriate content
7. **Parental controls and Privacy settings can help protect against Cyberbullying**
8. **Explore for yourself** - learn about the apps, social media and games your child is using
9. **Take it seriously** - check in with your child and be mindful of the signs of being bullied
10. **Block and report** - teach your child what to do if they want to prevent or report abusive messages.