Clare Primary School



Drugs Policy

Date the policy came into effect	December 2019
Date of next policy review	December 2022
Name of person responsible for this	Safeguarding Team, Principal, BOG,
policy	staff
Issued to	Staff, BOG, parents

MISSION STATEMENT

In Clare it is our specific aim to welcome all children into a learning environment where they will feel valued, happy and safe. Where the pupils will gain knowledge, develop their interests, talents and abilities which will hopefully allow them to reach their full potential and become the citizens of tomorrow.

RATIONALE

Children and young people are exposed to messages about drug use from an early age. Their exposure to the use and misuse of drugs may come through parents / guardians, older siblings, friends, television, the media and popular music.

Clare Primary School does not condone the misuse of drugs but recognises that there has been a considerable increase in the abuse of drugs in recent years in Northern Ireland. Drug misuse appears to be affecting an ever younger population and the so-called 'recreational' use of drugs can lead to a dangerous acceptance of illegal and harmful drug misuse as part of everyday life.

We believe that this school has a vital preventative role to play in combating the misuse of drugs by young people and we therefore include a drugs education programme as part of the statutory curriculum for Personal Development and Mutual Understanding (PDMU).

This school sees its role as that of a caring community committed to the physical, mental, social, emotional, moral and spiritual health, safety and wellbeing of our pupils and staff. We want our pupils to make informed and responsible decisions about drugs, by increasing their knowledge and by developing in them appropriate values, attitudes and skills. However, we recognise that drug misuse is a whole community issue and that schools alone cannot solve the problem; the school is only one of a number of groups and agencies which must play a part in the education of young people, and we make use of their expertise where possible in the delivery of the programme.

ETHOS

In Clare Primary School the welfare and safety of our pupils is paramount. We feel that our drugs education programme will promote that sense of wellbeing, as well as the safety and security of the pupils within our school.

This policy is based on the guidance provided by the Department of Education for Northern Ireland in the following documents:

DE Circular 2015/23 Drugs Guidance

CEA Drugs Guidance for Schools in Northern Ireland (Revised Edition 2015)

http://ccea.org.uk/sites/default/files/docs/curriculum/area_of_learning/pdmu/drugs/Drugs_Guidance_for_Schools.pdf

Clare Primary School promotes the rights of the child based on the United Nations Convention on the Rights of a Child. This policy therefore takes into account Article 3 which states:

'The best interests of the child must be a top priority in everything we do.'

DEFINITIONS

For the purpose of this policy, the term drug and substance include any product that, when taken, has the effect of altering the way the body works or how a person behaves, feels, sees or thinks. As well as everyday products such as tea and coffee, substances include;

- alcohol, tobacco and tobacco-related products, including nicotine replacement therapy
- (NRT) and electronic cigarettes;
- over-the-counter medicines such as paracetamol and cough medicines;
- prescribed drugs, such as antibiotics, painkillers, antidepressants, antipsychotics, inhalers and stimulants such as Ritalin;
- volatile substances such as correcting fluids or thinners, gas lighter fuel, aerosols, glues and petrol;
- controlled drugs

The term drug use refers to taking a drug.

The term drug misuse refers to legal, illegal or illicit drug taking or alcohol consumption, which leads a person to experience social, psychological, physical or legal problems related to intoxication or regular excessive consumption and /or dependence.

The term 'legal high' is no longer used as it is misleading. The public perceived that 'legal' meant safe, but as these substances are not regulated there is no way of knowing what chemicals they contain.

AIMS AND OBJECTIVES

- To provide a clear statement of the school's view on drug education.
- To ensure a consistent approach from staff to drug education and in the handling of drug related incidents.
- To safeguard good practice in the future.
- To inform pupils of the effects of drug use and abuse.
- To provide a drug education programme which:
 - Develops pupils' self-esteem and promotes positive attitudes in their relationships with others;
 - Gives pupils opportunities to develop the values, skills, knowledge and understanding necessary
 to make informed and responsible decisions about the use misuse of drugs, including tobacco,
 tobacco related products, alcoholic, e-cigarettes, volatile substances etc within the context of a
 healthy lifestyle; and
 - Helps pupils develop the skills necessary to assert themselves confidently and resist negative pressures and influences.
- To provide appropriate support and assistance for those pupils affected by drug-related issues.
- To inform parents / guardians of the content of this policy and the procedures to be implemented in the management of incidents of suspected drug misuse.
- To establish an environment in which the school is free from the misuse of all drugs.
- To detail the administration of medicine in school.

ROLES AND RESPONSIBILITIES

Designated Teacher for Drugs (Safeguarding and Child Protection) - Miss. S. Lindsay

Deputy Designated Teacher for Drugs – Mrs. G. Martin

THE ROLE OF THE BOARD OF GOVERNORS

The school governors have responsibility for Clare Primary School and will foster and support the development and on-going review of the Drugs Policy and education programme by collaborating with appropriate staff, pupils and parent /guardians. They will facilitate the consultative process where the school community can respond and contribute to the effectiveness and quality of the policy and programme, which the governors will examine and approve prior to their implementation in school.

They will ensure that the policy is detailed on the school website and reviewed at regular intervals. All governors should be fully aware of and one member will be trained to deal with suspected drug-related incidents and their appropriate disciplinary response.

THE PRINCIPAL

It is the principal's responsibility to determine the circumstances of all incidents, but it is the responsibility of the PSNI to investigate any criminal or suspected criminal offence. In any suspected drug related incident, the principal should contact the parents / guardians of those pupils involved. The principal must ensure that in any incident involving a controlled substance there is close liaison with the PSNI. Failure to inform the PSNI of a suspected incident involving controlled drugs is a criminal offence.

After contacting the PSNI, the principal should confine her responsibilities to:

- the welfare of the pupil(s) involved in the incident and the other pupils in the school;
- health and safety during the handling, storage and safe disposal of any drug or drug-related paraphernalia, using protective gloves at all times;
- informing the Board of Governors;
- agreeing any appropriate pastoral or disciplinary response;
- reporting the incident to the EA if appropriate, for example if an incident:
 - is serious enough to require PSNI involvement;
 - requires that a child protection procedure is invoked; or leads to the suspension or exclusion of a pupil; and
- completing a written report and forwarding a copy to the Board of Governors and the designated officer in the EA.

The Principal or (Designated Teacher for drugs) will ensure that all staff (teaching and non-teaching) are aware of the school's Drug Policy and procedures in the event of a suspected drugs related incident. The Principal and or Designated Teacher for Drugs will also make any new members of staff aware regarding the contents of this policy as part of their induction training.

THE DESIGNATED TEACHER

The duties of the designated teacher will include the oversight and co-ordination of the planning of curricular provision, in compliance with the statutory requirements and liaison with other staff responsible for pastoral care.

The designated teacher is responsible for the co-ordination for the school's procedures for handling suspected drugs-related incidents and the training and induction of these procedures with new and existing staff.

The designated teacher will act as a contact point for outside agencies that may have to work with the school or with a pupil(s). In the absence of the designated teacher a deputy will be available. It is the responsibility of the

designated teacher for drugs to take possession of any substance(s) and associated paraphernalia found and complete a factual report.

ALL STAFF (TEACHING AND NON-TEACHING)

Individual staff members are likely to be the first to encounter a suspected drugs related incident. It is not their responsibility to determine the circumstances surrounding the incident. However, they should deal with any emergency procedures, if necessary (see Appendix 1, 3 and 4). Any information, substance or paraphernalia received should be forwarded to the designated teacher. A brief factual report of the suspected incident should be forwarded to the designated teacher.

THE ROLE OF PARENTS / GUARDIANS

All parent / carers should be made aware that the school has a 'Drugs Policy' and how it applies to them and their children. Parents / guardians form part of the consultative process. The parents must also be responsible for completing the school administration of medicines form, ensuring the associated medicine is in a suitable container and in date (see administration of medicines appendix 6)

THE ROLE OF PUPILS

All pupils are expected to follow the school rules at all times. It is expected that pupils will participate in any learning activities that are designed to promote and support their growing awareness of drugs, drug misuse, health and well being as well as school procedure.

DRUGS EDUCATION IN THE CURRICULUM

The drugs education programme in Clare Primary School will be included in teachers' planning and will form part of the curricular area of Personal Development and Mutual understanding (PDMU).

It will also be supported by the pastoral care programme and policy throughout the school and will link with other subject areas such as Religious Educations, health education and PE. When available, the school will use the PSNI to deliver specialised drugs education lessons.

The programme is a preventative one and is pupil centred, delivered through active learning. The aims of the programme are:

- to promote positive attitudes towards personal health;
- to inform pupils of the effects of drug use and abuse;
- to help pupils acquire skills to resist peer pressure;
- to build up the self-esteem of pupils;
- to help pupils acquire decision making and problem solving skills that will empower them to take responsibility for their own health and safety.

Primary Seven children will participate in the Portadown Temperance Council programme.

RESPONSES IN THE EVENT OF AS SUSPECTED DRUGS-RELATED INCIDENT

Dealing with a suspected incident requires extreme sensitivity on the part of all those involved. All staff should be aware of the procedures for:

- dealing with substances found on the school premises;
- finding / suspecting a pupil / adult of possessing / distributing an illegal substance;
- pupil suspected of having taken drugs in school.

These procedures are outlined in the 'CEA Drugs Guidance for Schools in Northern Ireland (Revised Edition 2015) Section 3: Responding to Drug-related Incidents'.

ILLNESS, UNUSUAL OR UNCHARACTERISTIC BEHAVIOUR

Young people's behaviour may be unpredictable and bizarre for many reasons during their time at school. Changes in behaviour may indicate a range of difficulties and problems and may be related to a medical condition, rather than drug misuse. It is, however, important to note that intoxication, physical collapse or unconsciousness can also result from initial experiment with drugs.

Staff should bring any indications of illness, unusual or uncharacteristic behaviour because of suspected substance misuse to the attention of the designated teacher for drugs. They should not make any judgement until they have determined the circumstances surrounding the incident.

Where staff believe a pupil may have taken a substance they suspect is a drug, they should seek medical assistance immediately after following the recommended emergency procedures. The school must inform parents and the PSNI.

TAKING POSSESSION OF A SUSPECTED CONTROLLED DRUG AND / OR ASSOCIATED PARAPHERNALIA

The law permits school staff to take temporary possession of a substance suspected of being a controlled drug to protect a pupil from harm and prevent the pupils committing the offence of possession. The teacher should, using appropriate safety precautions, take the suspected substance and any associated equipment and / or paraphernalia to the designated teacher for drugs as soon as possible. They should arrange for its safe storage until the school can hand it over to the local PSNI officer to identify whether it is a controlled substance. School staff should not attempt to analyse or taste an unidentified substance. An adult witness should be present when staff confiscates the substance and the school should keep a record of the details using the school's Drug Incident Report form (Appendix 5)

AN ALLEGATION OF A SUSPECTED CONTROLLED DRUG-RELATED INCIDENT

CARRYING OUT A SEARCH

If the designated teacher receives an allegation of possession, it may need to search a pupil's desk or schoolbag, if they have cause to believe it contains unlawful items, including controlled drugs. However, teachers cannot search personal belongings in the desk or locker without consent.

Staff should only search the pupil's personal belongings, including school bag, coat and other items with the pupil's consent. Staff should carry out this search in the presence of the pupil and another adult witness.

If the school suspects pupils of concealing controlled drugs on their person or in their personal belongings, staff should make every effort to encourage them to produce these substances voluntarily. Staff should ask pupils to turn out their pockets or schoolbags. If the pupils refuse, staff should contact their parents or guardians and the PSNI to deal with the situation. A member of staff should never carry out a physical search of a pupil, unless there is compelling evidence that the pupil has committed an offence. If staff recover a substance or object that they suspect has a connection with drugs, they should take possession of it and make a full record using the schools' Drug Incident Report Form (Appendix 5)

POSSESSION, POSSESSION WITH INTENT TO SUPPLY AND SUPPLY OF CONTROLLED DRUGS

Schools must be aware that pupil involvement in suspected controlled drug-related incidents may take several forms. These could include:

- possession;
- possession with intent to supply; and / or
- the supply of controlled drugs.

It is illegal for pupils to be in possession of a controlled drug. If a member of staff comes across a pupil(s) in possession of what they believe or suspect to be a controlled drug, they should immediately attempt to take possession of the substance and escort the pupil(s) to the designated teacher who will deal with the incident as outlined in the school policy.

STAFF POLICY ON SMOKING AND ALCOHOL

Clare Primary School is a smoke (including e-cigarettes) and alcohol free zone. For further information refer to the Health and Safety Executive's website (www.hse.gov.uk).

COMMUNICATING THE POLICY TO PARENTS/ GUARDIANS AND OTHER RELEVANT AGENCIES

Parents/guardians will have access to the policy at any time via the school office and website. Any comment made will be taken to the Board of Governors. The Board of Governors is fully aware of the policy and discipline measures to be followed. All outside agencies will be made aware of the policy to ensure that what they offer, is part of the programme and is always appropriate. Parents/Guardians will also be aware of how to raise a concern and complaint.

CONFIDENTIALITY

Should a pupil reveal any personal drugs information, which puts them or any other pupil at risk, this must be passed on to the designated teacher / principal. Confidentiality can never be guaranteed, as we are responsible for all of the pupils in our school.

DISCIPLINARY / PASTORAL CARE RESPONSES

The principal will retain responsibility for deciding how to respond to a particular incident and will take into account factors such as:

- the age of the pupil
- does the pupil admit or deny the allegations?
- is this the first or subsequent offence?
- is the drug legal or illegal?
- quantity of the drug involved?
- what was the pupil's motivation?
- does the pupil know and understand the school policy and school rules?
- where does the incident appear on a scale from possession of a small quantity to persistent supply?
- if illegal supply is suspected, how much was supplied and was the pupils coerced to buy for others, or is there evidence of organised or habitual supply?

At all times the needs of individual pupils will be considered and appropriate intervention and support mechanisms will be put into place. Any sanction imposed will be justifiable in terms of:

• the seriousness of the incident;

- the identified needs of the pupil, other pupils and the community;
- consistency with published school rules;
- consistency with disciplinary actions for breaches of the school rules (eg theft, violence and bullying).

PROCEDURES FOR USING OUTSIDE AGENCIES

Any visitor providing an input to the drugs education programmes will be given a copy of the 'Drugs Policy'. They will have a clear set of aims and objectives as well as a lesson plan. The teacher will view these to ensure they are appropriate and will remain in class with the visitor.

GUIDANCE FOR CONFISCATION AND STORAGE OF HARMFUL SUBSTANCES

Any confiscated drugs or drug-related items should be given to the principal for storage in a locked cabinet in the principal's office and then given to the PSNI.

GUIDANCE ON THE ADMINISTRATION OF MEDICATION IN SCHOOL

Please refer to the school policy on the Administration of Medications. Medication of any description will be only be administered in school with written approval by both the parents and the school principal.

MONITORING AND EVALUATION

This policy will be reviewed every three years and / or after any drug related or suspected drug related incident to see if there are improvements to be made.

Managing an Incident Appendix 1

Individual staff members should:

- assess the situation and decide the action;
- make the situation safe for all pupils and other members of staff, secure first aid and send for additional staff support, if necessary;
- carefully gather up any drugs and / or associated paraphernalia or evidence and pass all
 information or evidence to the designated teacher for drugs; and
- write a brief factual report of the incident and forward it to the designated teacher for drugs.

The designated teacher for drugs should:

- respond to the first aider's advice or recommendations;
- inform parents or guardians immediately, in the case of an emergency;
- take possession of any substance(s) and associated paraphernalia found;
- inform the principal;
- take initial responsibly for pupil(s) involved in the suspected incident; and
- complete a Drugs Incident Report Form, and forward it to the principal.

The principal should:

- determine the circumstances surrounding the incident;
- ensure that the following people are informed:
 - o parents or guardians;
 - o designated officer in the local PSNI area; o Board of Governors; and
 - o designated officer in EA.
- consult and agree pastoral and disciplinary responses, including support;
- forward a copy of the Incident Report Form to the Chairperson of the Board of Governors and the designated officer in the EA; and review procedures and amend, if necessary.

Handling Drug-Related Incidents Appendix 2

Finding a suspected substance or drug-related paraphernalia on or close to the school premises.

Unknown substance / paraphernalia found on the school premises. Inform the principal / designated teacher for drugs. Make the situation safe for pupils and staff. Arrange for removal of items using protective gloves. Bring the substance and any related paraphernalia to the designated teacher for drugs / principal to be stored in a sure place. Contact the PSNI and hand over the substance for analysis ensuring that feedback will be provided to the school. Record actions taken. Investigate and record how the substance can to be on the school premises. Inform the EA designated officer using the Drugs Incident Report Form if appropriate. Prepare a report for the Chair of the Board of Governors as appropriate.

Recognising Signs of Substance Abuse Appendix 3

The following guidance can be found in 'CEA Drugs Guidance for Schools in Northern Ireland (Revised Edition 2015)' page 42.

What to look out for:

If someone is having a bad time on drugs, they may be:

- Anxious
- Tense
- Panicky
- Overheated and dehydrated
- Drowsy
- Having difficulty breathing.

What to do:

The first things you should do are:

- Stay calm
- Calm them and be reassuring, don't scare them or chase after them
- Try to find out what they have taken and
- Stay with them.

If they are anxious, tense or panicky, you should:

- Sit them in a quiet and calm room
- Keep them away from crowds, bright lights and loud noises
- Tell them to take slow deep breaths and
- Stay with them.

If they are really drowsy, you should:

- Sit them in a quiet place and keep them awake
- If they become unconscious or don't respond, call an ambulance immediately and place

them in the recovery position

- Don't scare them, shout at them or shock them
- Don't give them coffee to wake them up and
- Don't put them in a cold shower to 'wake them up'.

If they are unconscious or having difficulty breathing, you should:

- Immediately phone for an ambulance
- Place them in the recovery position
- Stay with them until the ambulance arrives and
- If you know what drug they've taken, tell the ambulance crew; this can help make sure they get the right treatment straight away.

Emergency Procedures Appendix 4

The following guidance can be found in 'CEA Drugs Guidance for Schools in Northern Ireland (Revised Edition 2015)' page 44.

This is the current best advice on what to do if someone is in difficulty because of misusing drugs.

- It is important to find out what they have taken as this could affect emergency aid, for example, it will help the ambulance crew. Loosen clothing and call for an ambulance immediately.
- If the person has taken a depressant substance, for example solvents, alcohol, sleeping pills or painkillers, it is likely that they will be drowsy or unconscious. If the person is drowsy, it is important to try to keep them awake by talking to them or applying a cool damp cloth or towel to the back of their neck. You should not give them anything to eat or drink as this could lead to vomiting or choking.
- If they are or become unconscious, put them into the recovery position, clear their airway if blocked and keep checking on any changes to pulse and breathing rates.
- If they stop breathing, begin mouth-to-mouth resuscitation, starting with chest compressions. (If you have not been trained in CPR or are worried about giving mouth-to-mouth resuscitation to a stranger, you can do chest compressions only (or hands-only) CPR). Stay with the person until the ambulance crew arrive and then tell them all the facts, including what the person has taken. This is very important as it could save his or her life.

Appendix 5

Clare Drugs Incident Report Form.

	Name of Pupil	DOB
1.	Address	
۷.	Date of Incident Reported by Time of Incident Location of	Incident
3.	First Aid given YES/NO Administered by Ambulance/Doctor Called YES/NO Time of Call	
4.	Parent or carer informed YES/NO Date Time	
5.	Where substance is retained Date substance destroyed or passed to PSNI	or
6.	PSNI informed YES/NO Date Time	
7.	Education Authority or CCMS Designated Officer is Date Time	nformed, as appropriate YES/NO
8.	Form completed by Position	Date
	scription of the Incident:	

Actions taken:		
Incident form completed by:		
Signed:	Date:	
Countersigned by School Principal:		
Date:		

Appendix 6

Parental Report for a School to Administer Medication 2019/20



Clare Primary School

PARENTAL REQUEST FOR A SCHOOL TO ADMINISTER MEDICATION 2019/20

The school will not give your child medicine or allow a pupil to take medicine, unless the parent/guardian completes and signs this form. The Principal must also agree that school staff can administer the medicine to the pupil concerned.

Details of Pupil

	T
Pupil first name	
Pupil Surname	
DoB	
Year Group and teacher's name	
Description of illness	
Name and type of medicine	
Can pupil self-medicate?	Y / N
Dates/times of day when the medicine	
has to be given	
Dosage and method of giving medicine	e.g. 5 ml on measuring spoon
Dosage can only be changed on a	
<u>Doctor's instructions</u>	
End of course date	
Expiry date of medicine	

Are there are side effects that school	e.g. allergies	
need to be aware of?		
Emergency procedure	e.g. Contact mum	
Parents must ensure that in date prop	perly labelled medication is supplied in original	
safe container or very suitable alterna	ative	
Parent/Gu	uardian Contact Details	
Name of parent/guardian		
Phone number		
Address		
accept that this is a service, which the understand that I must notify the school Signature(s)	ol of any changes in writing.	
.,		
Agreement of Principal		
agree that	(name of child)	
	(quantity/name of medicine)	
every day at	day at (time(s) medicine to be administered)	
Γhis pupil will be given/supervised whils	•	
	their class teacher/other senior member of staff	
This arrangement will continue until	(either end	
date of course of medicine or until instru	icted by parents).	
Signed	Date	

The original should be retained on the school file and a copy sent to the parents to confirm the school's agreement to administer medication to the named pupil.